

HUBUNGAN ANTARA *SENSE OF HUMOR* DAN KEPUASAN RELASI ROMANTIS PADA DEWASA AWAL YANG MENJALIN RELASI PACARAN

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara *sense of humor* dengan kepuasan relasi romantis pada dewasa awal yang menjalin hubungan pacaran. Hipotesis yang diajukan dalam penelitian ini yaitu terdapat hubungan yang positif antara *sense of humor* dan kepuasan relasi romantis pada dewasa awal yang menjalin hubungan pacaran. Subjek dalam penelitian ini adalah 205 individu dewasa awal, baik laki-laki maupun perempuan berusia 18-29 tahun yang sedang berpacaran. Penelitian ini merupakan penelitian kuantitatif dengan teknik pengambilan sampel *convenience sampling*. Metode penskalaan dalam penelitian ini menggunakan dua skala model Likert yaitu skala *sense of humor* dan *Relationship Assessment Scale* (RAS). Koefisien reliabilitas pada skala *sense of humor* sebesar 0,886 dan pada *Relationship Assessment Scale* (RAS) sebesar 0,848. Data penelitian dianalisis dengan menggunakan teknik korelasi *Spearman's Rho one-tailed* karena data penelitian tidak berdistribusi normal. Hasil uji korelasi menunjukkan skor koefisien korelasi sebesar 0,205 dan nilai signifikansi sebesar $p = 0,002$ ($p < 0,01$). Berdasarkan hasil tersebut, dapat disimpulkan bahwa ada hubungan positif yang signifikan antara *sense of humor* dan kepuasan relasi romantis.

Kata kunci: dewasa awal, kepuasan relasi romantis, *sense of humor*.

**CORRELATION BETWEEN SENSE OF HUMOR AND ROMANTIC
RELATIONSHIP SATISFACTION IN EMERGING ADULTHOOD WHO
ARE IN A DATING RELATIONSHIP**

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ABSTRACT

This study aims to determine the relationship between sense of humor and romantic relationship satisfaction in emerging adulthood who were in a dating relationship. The hypothesis proposed in this study is that there was a positive correlation between sense of humor and romantic relationship satisfaction in emerging adulthood who were in a dating relationship. The subjects in this study were 205 emerging adulthood both male and female who were 18-29 years old and in a dating relationship. This study was a quantitative study with convenience sampling. The scaling method in this study uses two likert model scales, namely the sense of humor scale and the Relationship Assessment Scale (RAS). The reliability coefficient on the sense of humor scale was 0,886 and the Relationship Assessment Scale (RAS) was 0,848. The research data was analyzed using the Spearman Rho one-tailed correlation technique because the data were not normally distributed. Correlation test result showed a correlation coefficient score of 0,205 with the significance value of $p = 0,002$ ($p < 0,01$). Hence, it can be concluded that there is significant positive relationship between sense of humor and romantic relationship satisfaction.

Keywords : emerging adulthood, sense of humor, romantic relationship satisfaction.

